

ING Canada to release 1st quarter financial results and hold its Annual Meeting

ING Canada (TSX: IIC) will release its 2008 first quarter results on Wednesday, May 14, 2008 at approximately 6:00 a.m. ET and will host an investors conference call to review its results later that same morning at 10:00 am ET.

Participating in the conference call will be Charles Brindamour, President and CEO, Mark Tullis, Chief Financial Officer, Martin Beaulieu, Senior Vice President Personal Lines and Peter Weightman, Senior Vice President Commercial Lines.

To listen to the call via live audio webcast and to view the presentation slides and supplementary financial information, visit our website at www.ingcanada.com and click on "Investor Relations".

The conference call is also available by dialling 416-644-3419 or 1-800-731-5774 (toll-free in North America). Please call ten minutes before the start of the call.

A replay of the call will be available at 12:30 p.m. ET on May 14 through 11:59 p.m. ET on May 21. To listen to the replay, call 416-640-1917 or 1-877-289-8525 (toll-free in North America). The passcode is 21270574#. A transcript of the call will also be available on ING Canada's website.

ING Canada will also hold its Annual Meeting of Shareholders on Wednesday, May 14, 2008 at 2:00 MT. The meeting will take place at the at the Calgary Telus Convention Centre, 120, 9th Avenue SE, Calgary, AB. A live audio feed and copies of the presentations will also be available on our website at www.ingcanada.com.

About ING Canada

ING Canada is the largest provider of property and casualty insurance in the country with over \$4 billion in premiums, offering automobile, property and liability insurance to individuals and businesses through its insurance subsidiaries. The company's investment subsidiary manages a portfolio of more than \$7 billion, comprised mainly of high quality Canadian securities.

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